

## XT Foam Hex Dun

Hook: Streamer Hook #8
Thread: 6/0 (yellow)

Tail: Stripped Quills (dyed grizzly)

Body: 2mm Foam Strip (yellow or brown)

Eyes: Monofilament Eyes (black)

Wing: Hen Saddle (dun)

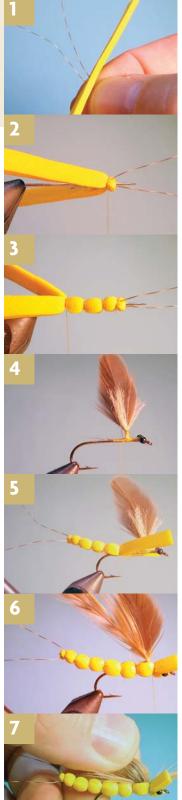
**Hackle** Dry Fly Neck (Cree, dun or dyed grizzly)

## **Tying Instructions**

- Cut a thin strip of 2mm foam and using a needle thread two stripped quills through the foam at the mid point.
- 2. Place the foam and quills on a needle and then tie in the thread so that the tails extend out the back of folded foam strip.
- Using a few firm wraps of thread make a segmented foam body. The segments should get larger as you move away from the tails. Remove the body from the needle
- 4. Place a hook in the vise and tie in the monofilament eyes on the top of the hook shank and erect a post of hen hackle feathers reinforced with antron yarn.
- Tie the foam extended body in at the bend of the hook and make a segment or two moving towards the wing post.
- 6. Tie in the hackle feather so that it goes up the post. Then bring the foam over the base of the post and secure the foam in front of the post. .
- 7. Wrap the parachute hackle and tie it off in front of the wing post. Tie off the thread and trim. Trim the foam around the eyes.



For more information contact Grand River Troutfitters (519) 787-4359 www.grandrivertroutfitters.com



A needle will help thread the hackle stems through the foam. The tapered ends should extend to make the tails. The finished tail should be the length of the fly body.

With the quills laying along the needle, tie in the thread behind the foam. The first segment should create a small bulbous butt for the fly.

As you work up the body between the segments place the thread behind the foam near the needle. This hides the thread making a stronger and neater body.

The wing is reinforced with antron or a piece of monofilament to make the post more sturdy. The solid portion of the post should extend higher that a traditional parachute post.

Tie in the extended body with several firm wraps of thread. A drop of Zap a Gap on a solid thread base can be helpful here. Keep the foam strips along the side of the fly's body.

Keeping the foam along the sides of the fly covers the hook shank and the base of the parachute hackle. You can mark the top of the foam with a brown marker if you wish at this time.

The parachute hackle should be oversized and as stiff as you can find. Tie it off in front and you may be able to cover the tie in point with a short segment behind the eyes.