

V Rib Caddis Larvae

Hook: Larvae Hook Size # 10- #20

Thread: Black 6/0
Body: V-Rib (olive)
Head Peacock Herl

Tying Instructions

- 1. Attach thread to hook and tie in the v-rib near the eye of the hook.
- 2. Wrap the thread down the body and then back to a point two hook eye widths back from the eye of the hook.
- 3. Wrap the v-rib up to a point two hook eye widths from the eye of the hook with each wrap touching the previous wrap.
- 4. Tie off and trim the v-rib. Then tie in two peacock herls.
- 5. Make a loop of thread to help reinforce the peacock herl. Twist the Herl and thread together to form a rope.
- 6. Wrap the peacock herl to form a neat head. Then trim and tie off the thread.



The underbody of the fly makes it a smooth fly.

This fly can be tied in a variety of colors to match the local bugs.

The segmented translucent body imitates caddis larvae surprisingly well.

Peacock herl has a mottled irridescence that really attracts fish.

Making a loop of thread is an easy to complete reinforcement rib.

Twisting the herl and the thread together forms a reinforced rope. Rotating hackle pliers are great for this step.

This fly has a slender profile to help it sink fast and it realistically imitated a caddis larvae.



Fly tied by Stephen May For more information contact Grand River Troutfitters (519) 787-4359 www.grandrivertroutfitters.com